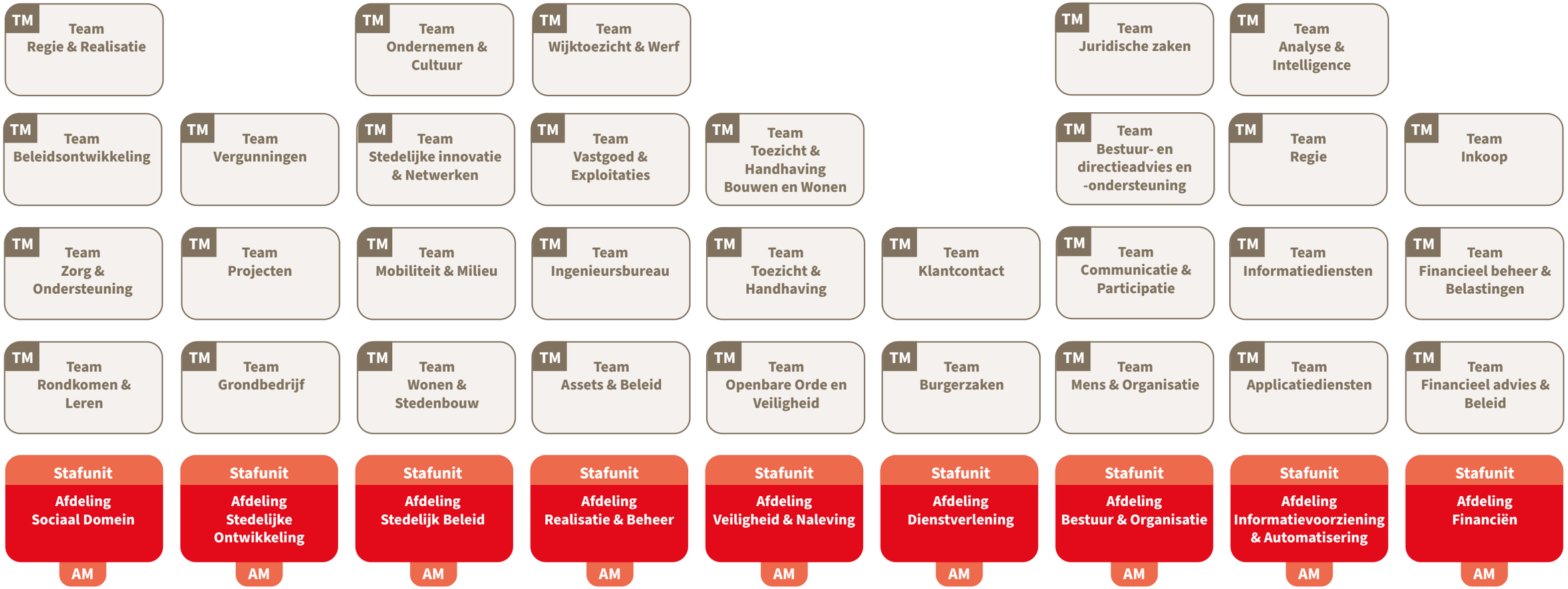Gemeente Helmond